

New Hampshire Healthcare Providers

Plan Name/Parent Co. / Phone/Fax /WEB Site	Total NH Members/ No. of NH Physicians	NCQA* Accreditation	PCP** Required?	Out-of-Network Benefits?	Office Co Pay	Emergency Room Copay	Prescription Copay
Health Maintenance Organization (HMOs)							
CIGNA HMO CIGNA Healthcare 800-531-4584 • www.cigna.com	122,000 4,926	Excellent	Varies by plan	Varies by plan	Varies by plan	Varies by plan	Varies by plan
Harvard Pilgrim Health Care of NE HMO, Harvard Pilgrim Health Care of NE 800-848-9995/603-656-9565 www.harvardpilgrim.org	119,000 3,541	Excellent	Yes	Yes	\$10-\$25	\$50-\$150	Tier I: \$5-\$10 Tier II: \$10-\$40 Tier III: \$25-\$50 (with \$250 deductible)
Matthew Thornton Blue Anthem Blue Cross and Blue Shield 603-695-7000/603-665-5290 www.anthem.com	164,578 2,696	Excellent	Yes	Available if referred by PCP and approved in advance by the Plan.	\$10-\$20 (up to \$40 for a specialist visit on value plans)	\$50-\$100	\$10 generics, \$20-\$25 formulary brands, \$30-\$40 non- formulary brands Value plans have a \$100 deductible on brand names
MVP HMO/MVP Health Care 603-647-7181 www.mvphealthcare.com	15,000 780	Excellent	Depends on plan type	Depends on plan type	Depends on plan type	Depends on plan type	Depends on plan type
Points of Service Plans (POS)							
BlueChoice Anthem Blue Cross and Blue Shield 603-669-7000/603-665-5290 www.anthem.com	53,252 2,696	Excellent	Yes	Available through self-referral option	\$10-\$20	\$50-\$100	\$10(generics), \$20-\$25 formulary brands, \$30-\$40 non- formulary brands
Preferred Provider Organization Plans (PPO)							
Preferred Blue Anthem Blue Cross and Blue Shield 603-669-7000/603-665-5290 www.anthem.com	54,379 2,705	N/A	No	Yes	\$10-\$20	\$50-\$100	\$10 generics, \$20-\$25 formulary brands, \$30-\$40 non- formulary brands
Cigno PPO CIGNA Healthcare 800-531-4584 • www.cigna.com	122,000 4,926	Excellent	Varies by plan	Varies by plan	Varies by plan	Varies by plan	Varies by plan
Harvard Pilgrim Health Care of NE PPO, Harvard Pilgrim Health Care of NE Harvard Pilgrim Health Care 800-424-7285/603-656-9565 www.harvardpilgrim.com	119,000 3,541	N/A	No	Yes	\$10-\$25	\$50-\$100	Tier I: \$5-\$10 Tier II: \$10-\$35 Tier III: \$25-\$50 (with \$250 deductible)
MVP PPO MVP Health Care 603-647-7181 www.mvphealthcare.com	15,000 780	Excellent	Depends on plan type	Depends on plan type	Depends on plan type	Depends on plan type	Depends on plan type
Indemnity Plus							
Anthem Blue Cross and Blue Shield 603-695-7000/603-665-5290 www.anthem.com	8,994 2,643	N/A	No	Not restricted to specific provider network. Offers various benefit design options.	No per-visit copay. Cost shares range up to 20% coinsurance after a \$250-\$1,500 deductible.	No per-visit copay. Cost shares range up to 20% coinsurance after a \$250-\$1,500 deductible.	\$10 generics, \$20 formulary brands, \$30 non-formulary brands
Cigna Indemnity Plan CIGNA Health Care 800-531-4584 www.cigna.com	122,000 4,926	Excellent	Varies by plan	Varies by plan	Varies by plan	Varies by plan	Varies by plan
Exclusive Provider Organization (EPO)							
EPO TriVantage MVP Health Care 603-647-7181 www.mvphealthcare.com	15,000 780	Excellent	Depends on plan type	Depends on plan type	Depends on plan type	Depends on plan type	Depends on plan type
*National Committee for Quality Assurance **Primary care physician***Maximum out-of-pocket expense Source: Business NH Magazine Survey							

New Hampshire Dental Insurance Providers

Dental Plan/ Address	Phone/Fax	Email/Web Address	NH Employers/ Employees Covered	Years in NH	Managed Dental	PPO/ Indemnity	Direct Reimbursement
Ameritas Group 475 Fallbrook Boulevard Lincoln, NE 68521	800-776-9446/ 513-674-5391	grfieldservice@ameritas.com www.ameritasgroup.com	239/5,327	21	No	Yes/Yes	No
Anthem Blue Cross & Blue Shield 3000 Goffs Fall Road Manchester, NH 03111-0001	603-695-7000	www.anthem.com	360/5,981 lives	5	No	No/Yes	No
BenefitsStream 929 Cove Road, Suite A Jasper, GA 30143	706-253-7652 877-569-3433	rschultz@benefitstream.com www.benefitstream.com	0/458	11	No	No/No	Yes
CIGNA Dental CIGNA HealthCare 1571 Sawgrass Corporate Parkway, Suite 140 Sunrise, FL 33323	954-514-660/ 954-514-6905	www.cigna.com/our_plan/dental/index.html	Did not disclose	Did not disclose	Did not disclose	Yes/Yes	Did not disclose
MetLife 800 South Street, Suite 405 Waltham, MA 02476	800-624-4076/ 888-638-6978	www.metlife.com/dental	1,684/45,797	40+	No	Yes/No	No
Northeast Delta Dental 1 Delta Drive PO Box 2002 Concord, NH 03302-2002	603-223-1000/ 603-223-1129	nedelta@nedelta.com www.nedelta.com	5,319/126,683	47	No	Yes/Yes	No
Standard Insurance Company 1100 SW Sixth Avenue Portland, OR 97204	800-547-9515 800-633-8575	www.standard.com	15/467	18	No	Yes/Yes	No
Sun Life Financial Two Monument Square, Suite 301 Portland, ME 04101	866-648-7797/ 207-771-5355	bob.cogan@sunlife.com www.sunlife-usa.com	86/2,792	28	No	Yes/Yes	No
United Healthcare Dental Liberty 6, Suite 200 6220 Old Dobbin Lane Columbia, MD 21045	800-327-4366 443-896-0513	www.dbp.com	600/52,128	3	Yes	Yes/Yes	No

Source: Business NH Magazine Survey