



2013 Population Estimates of New Hampshire Cities and Towns

**Prepared by the
New Hampshire Office of Energy and Planning**

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The Office of Energy and Planning (OEP) is required by law (RSA 78-A:25) to estimate the population of the State's municipalities on an annual basis. The law stipulates that the estimates be certified to the State Treasurer by August 19th and that they reflect population levels of the preceding year. Further, the law requires that the definition of resident be the same as that of the US Decennial Census.

The accompanying figures are **ESTIMATES** and are so labeled. Users of these figures should be aware that many of the data used to calculate the estimates were collected by local governmental units for purposes other than accounting for population change. The methods which convert these data into estimated population, such as building permits, have been developed to reflect true population insofar as possible. Data used to calculate estimates in past years are subject to change. For this and other reasons, OEP strongly recommends that these estimates *not* be compared on a year-to-year basis.

Some communities may have estimating procedures that are different from the ones used by OEP. Also, some communities have established population figures based on their own enumeration (census) efforts. These local efforts can render highly accurate results. The OEP however uses a uniform estimating system that is applied equally to all 234 communities. It is likely that if OEP staff were to estimate any one municipality on an individual basis, the resulting estimate would be different than the one contained herein.

The accompanying table shows the total population of NH's municipalities from the 2000 and 2010 censuses, and OEP's estimate for 2013. These figures are composed of the household population and of persons living in group quarters. Group quarters populations consist of persons living in dormitories, some types of nursing homes, prisons, etc. Many municipalities have no group quarters populations. For the convenience of data users, the table shows *the 2013 group quarters population that is part of the total estimated population.*

Populations for unincorporated areas are not included in this report.

Anyone wishing further information regarding these estimates should contact the Office of Energy and Planning, 107 Pleasant St., Concord, New Hampshire 03301 - telephone (603) 271-2155.

OEP ESTIMATE METHODOLOGY FOR ESTIMATING TOTAL POPULATION

The official estimates of population are based on a dwelling unit method. The method attempts to translate permits issued for new dwellings into estimated population.

The 2010 US Census serves as a benchmark; changes in the number of dwellings are used to update the dwelling unit counts by the US Census. Two rates are used to convert the estimated number of dwellings into estimated population. These rates are population per household and occupancy rates. These rates vary considerably by housing type. For this reason, data and calculations are divided into single family, multi-family and manufactured housing types. The rates are taken from the 2010 decennial census.

The dwelling unit calculations estimate household population. Group Quarters population, persons living in dormitories, prisons, etc., is estimated using the 2010 census and updated using an annual OEP survey of establishments known to have group quarters population.

The individual municipal estimates are proportionately controlled to an existing estimated state total. This state total is prepared with the state as a single statistical entity. In turn, this state total results from an adjustment to conform to a national total. The state total is prepared by the Census Bureau's Federal-State Cooperative Program for Population Estimates (FSCPE).

As an example, the 2002 calculations of the dwelling unit method for the Town of Alton appear below:

| | Census 2000 Total <u>Units</u> | Permits Issued to <u>2002</u> | Percent of Units Occupied <u>Occupied</u> | 2002 Occupied <u>Units</u> |
|---------------|---|--|--|----------------------------------|
| Single Family | 3,133 | 124 | 0.4868 | 1,586 |
| Multi-Family | 200 | 6 | 0.7950 | 164 |
| Mfg Units | 189 | 6 | 0.7460 | 145 |
| | | | | |
| | Population per <u>Household</u> | 2002 Estimated <u>Population</u> | | |
| Single Family | 2.52 | 3,995 | | |
| Multi-Family | 2.53 | 414 | | |
| Mfg. Units | 1.87 | 272 | | |
| | | 0 '02 Est. Group Quarters Population | | |
| | | <u>12</u> State Total Adj. (1.002563) | | |
| | | 4,693 | | |

| Municipality | I----- Total Population -----I | | | 2013 | |
|---------------|--------------------------------|-----------------|--------|--------------------------|------------------------------------|
| | U.S. Census 2000 | OEP Estimate | | Group Quarters Pop | 2013 Persons per Square Mile |
| | | 2010 | 2013 | | |
| Alton | 4,502 | 5,250 | 5,257 | 0 | 82.25 |
| Barnstead | 3,886 | 4,593 | 4,605 | 0 | 107.23 |
| Belmont | 6,716 | 7,356 | 7,319 | 14 | 242.78 |
| Center Harbor | 996 | 1,096 | 1,079 | 14 | 80.93 |
| Gilford | 6,803 | 7,126 | 7,133 | 0 | 183.88 |
| Gilmanton | 3,060 | 3,777 | 3,755 | 0 | 65.14 |
| Laconia | 16,411 | 15,951 | 16,063 | 443 | 799.36 |
| Meredith | 5,943 | 6,241 | 6,258 | 119 | 155.21 |
| New Hampton | 1,950 | 2,165 | 2,193 | 56 | 59.57 |
| Sanbornton | 2,581 | 2,966 | 2,983 | 16 | 63.09 |
| Tilton | 3,477 | 3,567 | 3,601 | 229 | 315.52 |
| Belknap Co. | 56,325 | 60,088 | 60,246 | 891 | 149.61 |

Water area not included in persons per sq. mi calculations
Group Quarters population is included in total population

| Municipality | I----- Total Population -----I | | | 2013 | |
|----------------|--------------------------------|-----------------|--------|--------------------------|------------------------------------|
| | U.S. Census 2000 | OEP Estimate | | Group Quarters Pop | 2013 Persons per Square Mile |
| | | 2010 | 2013 | | |
| Albany | 654 | 735 | 733 | 0 | 9.72 |
| Bartlett | 2,705 | 2,788 | 2,798 | 0 | 37.40 |
| Brookfield | 604 | 712 | 712 | 0 | 31.15 |
| Chatham | 260 | 337 | 336 | 0 | 5.92 |
| Conway | 8,604 | 10,115 | 10,099 | 170 | 144.93 |
| Eaton | 375 | 393 | 401 | 0 | 16.43 |
| Effingham | 1,273 | 1,465 | 1,565 | 88 | 40.26 |
| Freedom | 1,303 | 1,489 | 1,514 | 10 | 43.89 |
| Harts Location | 37 | 41 | 42 | 0 | 2.18 |
| Jackson | 835 | 816 | 822 | 0 | 12.30 |
| Madison | 1,984 | 2,502 | 2,552 | 4 | 65.95 |
| Moultonboro | 4,484 | 4,044 | 4,070 | 0 | 67.79 |
| Ossipee | 4,211 | 4,345 | 4,351 | 173 | 61.37 |
| Sandwich | 1,286 | 1,326 | 1,330 | 0 | 14.58 |
| Tamworth | 2,510 | 2,856 | 2,877 | 11 | 48.09 |
| Tuftonboro | 2,148 | 2,387 | 2,385 | 0 | 58.71 |
| Wakefield | 4,252 | 5,078 | 5,070 | 5 | 128.27 |
| Wolfeboro | 6,083 | 6,269 | 6,227 | 67 | 128.81 |

Carroll Co. 43,608 47,698 47,884 528 51.35

Population of unincorporated places not included in above figures.

Water area not included in persons per sq. mi calculations

Group Quarters population is included in total population

| Municipality | I----- Total Population -----I | | | 2013 | |
|--------------|--------------------------------|--------|----------|----------|-------------|
| | U.S. Census | OEP | | Group | 2013 |
| | 2000 | 2010 | Estimate | Quarters | Persons per |
| | | | 2013 | Pop | Square Mile |
| Alstead | 1,944 | 1,937 | 1,941 | 0 | 49.80 |
| Chesterfield | 3,542 | 3,604 | 3,607 | 0 | 79.12 |
| Dublin | 1,476 | 1,597 | 1,576 | 61 | 56.50 |
| Fitzwilliam | 2,141 | 2,396 | 2,394 | 0 | 69.15 |
| Gilsum | 777 | 813 | 812 | 8 | 48.71 |
| Harrisville | 1,075 | 961 | 960 | 0 | 51.30 |
| Hinsdale | 4,082 | 4,046 | 4,044 | 0 | 195.25 |
| Jaffrey | 5,476 | 5,457 | 5,432 | 72 | 141.43 |
| Keene | 22,563 | 23,409 | 23,537 | 2,809 | 635.21 |
| Marlborough | 2,009 | 2,063 | 2,061 | 2 | 100.99 |
| Marlow | 747 | 742 | 746 | 0 | 28.66 |
| Nelson | 634 | 729 | 727 | 0 | 33.19 |
| Richmond | 1,077 | 1,155 | 1,161 | 1 | 30.92 |
| Rindge | 5,451 | 6,014 | 6,045 | 1,153 | 163.07 |
| Roxbury | 237 | 229 | 227 | 0 | 18.97 |
| Stoddard | 928 | 1,232 | 1,255 | 0 | 24.65 |
| Sullivan | 746 | 677 | 679 | 0 | 36.62 |
| Surry | 673 | 732 | 741 | 0 | 47.22 |
| Swanzey | 6,800 | 7,230 | 7,285 | 16 | 162.11 |
| Troy | 1,962 | 2,145 | 2,146 | 0 | 122.93 |
| Walpole | 3,594 | 3,734 | 3,744 | 0 | 104.94 |
| Westmoreland | 1,747 | 1,874 | 1,734 | 150 | 48.28 |
| Winchester | 4,144 | 4,341 | 4,340 | 55 | 78.95 |
| Cheshire Co. | 73,825 | 77,117 | 77,194 | 4,327 | 109.08 |

Water area not included in persons per sq. mi calculations

Group Quarters population is included in total population

| Municipality | I----- Total Population -----I | | | 2013 | |
|--------------|--------------------------------|------|----------|----------|-------------|
| | U.S. Census | OEP | | Group | 2013 |
| | 2000 | 2010 | Estimate | Quarters | Persons per |
| | | | 2013 | Pop | Square Mile |

| | | | | | |
|----------------|--------|--------|--------|-------|--------|
| Berlin | 10,331 | 10,051 | 9,639 | 847 | 156.82 |
| Carroll | 663 | 763 | 773 | 73 | 15.38 |
| Clarksville | 294 | 265 | 271 | 0 | 4.48 |
| Colebrook | 2,321 | 2,301 | 2,298 | 3 | 56.38 |
| Columbia | 750 | 757 | 758 | 10 | 12.38 |
| Dalton | 927 | 979 | 975 | 0 | 35.41 |
| Dummer | 309 | 304 | 302 | 0 | 6.31 |
| Errol | 298 | 291 | 289 | 2 | 4.75 |
| Gorham | 2,895 | 2,848 | 2,824 | 0 | 88.53 |
| Jefferson | 1,006 | 1,107 | 1,104 | 0 | 22.04 |
| Lancaster | 3,280 | 3,507 | 3,548 | 226 | 70.67 |
| Milan | 1,331 | 1,337 | 1,339 | 0 | 20.94 |
| Northumberland | 2,438 | 2,288 | 2,272 | 3 | 61.86 |
| Pittsburg | 867 | 869 | 871 | 0 | 3.09 |
| Randolph | 339 | 310 | 310 | 0 | 6.59 |
| Shelburne | 379 | 372 | 375 | 0 | 7.83 |
| Stark | 516 | 556 | 565 | 0 | 9.54 |
| Stewartstown | 1,012 | 1,004 | 1,022 | 142 | 21.97 |
| Stratford | 942 | 746 | 748 | 0 | 9.36 |
| Whitefield | 2,038 | 2,306 | 2,341 | 61 | 68.26 |
| Coos Co. | 32,936 | 32,961 | 32,624 | 1,367 | 26.3 |

Population of unincorporated places not included in above figures.

Water area not included in persons per sq. mi calculations

Group Quarters population is included in total population

| Municipality | I----- Total Population -----I | | | 2013 | |
|--------------|--------------------------------|-------------------------|-------------------------|--------------------------|------------------------------------|
| | U.S. Census 2000 | OEP Estimate 2010 | OEP Estimate 2013 | Group Quarters Pop | 2013 Persons per Square Mile |
| Alexandria | 1,329 | 1,613 | 1,622 | 0 | 37.25 |
| Ashland | 1,955 | 2,076 | 2,083 | 0 | 184.02 |
| Bath | 893 | 1,077 | 1,086 | 0 | 28.46 |
| Benton | 314 | 364 | 373 | 117 | 7.69 |
| Bethlehem | 2,199 | 2,526 | 2,545 | 27 | 28.00 |
| Bridgewater | 974 | 1,083 | 1,087 | 0 | 50.62 |
| Bristol | 3,033 | 3,054 | 3,051 | 23 | 178.67 |
| Campton | 2,719 | 3,333 | 3,344 | 3 | 64.38 |
| Canaan | 3,319 | 3,909 | 3,913 | 59 | 73.41 |
| Dorchester | 353 | 355 | 363 | 0 | 8.14 |
| Easton | 256 | 254 | 259 | 0 | 8.32 |
| Ellsworth | 87 | 83 | 85 | 0 | 3.97 |
| Enfield | 4,618 | 4,582 | 4,613 | 5 | 114.47 |
| Franconia | 924 | 1,104 | 1,120 | 80 | 17.04 |

| | | | | | |
|-------------------|--------|--------|--------|-------|--------|
| Grafton | 1,138 | 1,340 | 1,355 | 0 | 32.57 |
| Groton | 456 | 593 | 594 | 0 | 14.59 |
| Hanover | 10,850 | 11,260 | 11,302 | 3,994 | 230.18 |
| Haverhill | 4,416 | 4,697 | 4,697 | 267 | 91.82 |
| Hebron | 459 | 602 | 615 | 12 | 36.48 |
| Holderness | 1,930 | 2,108 | 2,104 | 72 | 68.92 |
| Landaff | 378 | 415 | 418 | 0 | 14.71 |
| Lebanon | 12,568 | 13,151 | 13,559 | 32 | 336.16 |
| Lincoln | 1,271 | 1,662 | 1,660 | 0 | 12.69 |
| Lisbon | 1,587 | 1,595 | 1,601 | 0 | 60.41 |
| Littleton | 5,845 | 5,928 | 5,952 | 32 | 118.96 |
| Lyman | 487 | 533 | 541 | 0 | 19.05 |
| Lyme | 1,679 | 1,716 | 1,709 | 11 | 31.74 |
| Monroe | 759 | 788 | 782 | 0 | 34.86 |
| Orange | 299 | 331 | 327 | 0 | 14.16 |
| Orford | 1,091 | 1,237 | 1,238 | 0 | 26.66 |
| Piermont | 709 | 790 | 788 | 0 | 20.40 |
| Plymouth | 5,892 | 6,990 | 6,785 | 2,039 | 240.40 |
| Rumney | 1,480 | 1,480 | 1,480 | 15 | 35.26 |
| Sugar Hill | 563 | 563 | 571 | 0 | 33.36 |
| Thornton | 1,843 | 2,490 | 2,519 | 0 | 50.10 |
| Warren | 873 | 904 | 912 | 0 | 18.76 |
| Waterville Valley | 257 | 247 | 248 | 0 | 3.85 |
| Wentworth | 798 | 911 | 917 | 0 | 21.92 |
| Woodstock | 1,139 | 1,374 | 1,380 | 0 | 23.59 |
| Grafton Co. | 81,740 | 89,118 | 89,598 | 6,788 | 54.33 |

Water area not included in persons per sq. mi calculations
Group Quarters population is included in total population

| Municipality | I----- Total Population -----I | | | 2013 | |
|--------------|--------------------------------|-------------------------|-------------------------|--------------------------|------------------------------------|
| | U.S. Census 2000 | OEP Estimate 2010 | OEP Estimate 2013 | Group Quarters Pop | 2013 Persons per Square Mile |
| Amherst | 10,769 | 11,201 | 11,308 | 0 | 333.23 |
| Antrim | 2,449 | 2,637 | 2,640 | 22 | 74.00 |
| Bedford | 18,274 | 21,203 | 21,687 | 480 | 662.09 |
| Bennington | 1,401 | 1,476 | 1,471 | 0 | 129.56 |
| Brookline | 4,181 | 4,991 | 5,053 | 0 | 253.72 |
| Deering | 1,875 | 1,912 | 1,929 | 91 | 63.08 |
| Francestown | 1,480 | 1,562 | 1,564 | 0 | 52.40 |
| Goffstown | 16,929 | 17,651 | 17,694 | 2,168 | 476.37 |
| Greenfield | 1,657 | 1,749 | 1,791 | 164 | 67.62 |
| Greenville | 2,224 | 2,105 | 2,079 | 0 | 302.27 |

| | | | | | |
|------------------|---------|---------|---------|-------|---------|
| Hancock | 1,739 | 1,654 | 1,649 | 19 | 55.01 |
| Hillsborough | 4,928 | 6,011 | 5,977 | 2 | 136.78 |
| Hollis | 7,015 | 7,684 | 7,702 | 0 | 242.43 |
| Hudson | 22,928 | 24,467 | 24,538 | 163 | 859.97 |
| Litchfield | 7,360 | 8,271 | 8,330 | 0 | 558.24 |
| Lyndeborough | 1,585 | 1,683 | 1,691 | 0 | 56.08 |
| Manchester | 107,006 | 109,565 | 109,864 | 2,620 | 3324.36 |
| Mason | 1,147 | 1,382 | 1,389 | 0 | 57.94 |
| Merrimack | 25,119 | 25,494 | 25,474 | 124 | 780.83 |
| Milford | 13,535 | 15,115 | 15,099 | 119 | 594.08 |
| Mont Vernon | 2,034 | 2,409 | 2,444 | 2 | 145.23 |
| Nashua | 86,605 | 86,494 | 86,766 | 1,459 | 2821.37 |
| New Boston | 4,138 | 5,321 | 5,393 | 11 | 125.48 |
| New Ipswich | 4,289 | 5,099 | 5,116 | 8 | 156.26 |
| Pelham | 10,914 | 12,897 | 12,970 | 0 | 493.48 |
| Peterborough | 5,883 | 6,284 | 6,473 | 311 | 170.27 |
| Sharon | 360 | 352 | 351 | 0 | 22.41 |
| Temple | 1,297 | 1,366 | 1,372 | 70 | 61.66 |
| Weare | 7,776 | 8,785 | 8,836 | 0 | 149.62 |
| Wilton | 3,743 | 3,677 | 3,673 | 11 | 143.43 |
| Windsor | 201 | 224 | 283 | 69 | 34.31 |
| Hillsborough Co. | 380,841 | 400,721 | 402,606 | 7,913 | 459.01 |

Water area not included in persons per sq. mi calculations
Group Quarters population is included in total population

| Municipality | I----- Total Population -----I | | | 2013 | |
|--------------|--------------------------------|-------------------------|-------------------------|--------------------------|------------------------------------|
| | U.S. Census 2000 | OEP Estimate 2010 | OEP Estimate 2013 | Group Quarters Pop | 2013 Persons per Square Mile |
| Allenstown | 4,843 | 4,322 | 4,326 | 23 | 211.38 |
| Andover | 2,109 | 2,371 | 2,360 | 169 | 58.72 |
| Boscawen | 3,672 | 3,965 | 3,927 | 522 | 157.94 |
| Bow | 7,138 | 7,519 | 7,622 | 0 | 270.56 |
| Bradford | 1,454 | 1,650 | 1,655 | 0 | 46.97 |
| Canterbury | 1,979 | 2,352 | 2,358 | 21 | 53.66 |
| Chichester | 2,236 | 2,523 | 2,550 | 14 | 120.31 |
| Concord | 40,687 | 42,695 | 42,594 | 2,894 | 665.96 |
| Danbury | 1,071 | 1,164 | 1,169 | 0 | 30.96 |
| Dunbarton | 2,226 | 2,758 | 2,772 | 0 | 89.90 |
| Epsom | 4,021 | 4,566 | 4,645 | 95 | 134.72 |
| Franklin | 8,405 | 8,477 | 8,469 | 201 | 306.07 |
| Henniker | 4,433 | 4,836 | 4,828 | 560 | 109.45 |
| Hill | 992 | 1,089 | 1,090 | 0 | 40.87 |

| | | | | | |
|---------------|---------|---------|---------|-------|--------|
| Hooksett | 11,721 | 13,451 | 14,176 | 825 | 391.66 |
| Hopkinton | 5,399 | 5,589 | 5,591 | 0 | 129.19 |
| Loudon | 4,481 | 5,317 | 5,335 | 2 | 115.93 |
| Newbury | 1,702 | 2,072 | 2,092 | 0 | 58.42 |
| New London | 4,116 | 4,397 | 4,596 | 1,122 | 205.63 |
| Northfield | 4,548 | 4,829 | 4,790 | 18 | 167.52 |
| Pembroke | 6,897 | 7,115 | 7,096 | 53 | 313.48 |
| Pittsfield | 3,931 | 4,106 | 4,082 | 45 | 169.20 |
| Salisbury | 1,137 | 1,382 | 1,390 | 0 | 35.14 |
| Sutton | 1,544 | 1,837 | 1,847 | 0 | 43.41 |
| Warner | 2,760 | 2,833 | 2,862 | 119 | 51.81 |
| Webster | 1,579 | 1,872 | 1,881 | 29 | 66.55 |
| Wilmot | 1,144 | 1,358 | 1,367 | 0 | 46.49 |
| Merrimack Co. | 136,225 | 146,445 | 147,470 | 6,712 | 157.96 |

Water area not included in persons per sq. mi calculations
Group Quarters population is included in total population

| Municipality | I----- Total Population -----I | | | 2013 | |
|---------------|--------------------------------|-------------------------|-------------------------|--------------------------|------------------------------------|
| | U.S. Census 2000 | OEP Estimate 2010 | OEP Estimate 2013 | Group Quarters Pop | 2013 Persons per Square Mile |
| Atkinson | 6,178 | 6,751 | 6,732 | 0 | 602.20 |
| Auburn | 4,682 | 4,953 | 5,154 | 2 | 202.27 |
| Brentwood | 3,197 | 4,486 | 4,666 | 523 | 274.96 |
| Candia | 3,911 | 3,909 | 3,919 | 0 | 129.23 |
| Chester | 3,792 | 4,768 | 4,762 | 0 | 182.92 |
| Danville | 4,023 | 4,387 | 4,436 | 3 | 380.89 |
| Deerfield | 3,678 | 4,280 | 4,394 | 29 | 86.54 |
| Derry | 34,021 | 33,109 | 32,988 | 202 | 931.05 |
| East Kingston | 1,784 | 2,357 | 2,372 | 0 | 239.26 |
| Epping | 5,476 | 6,411 | 6,617 | 2 | 253.73 |
| Exeter | 14,058 | 14,306 | 14,454 | 343 | 731.57 |
| Fremont | 3,510 | 4,283 | 4,432 | 53 | 256.85 |
| Greenland | 3,208 | 3,549 | 3,699 | 25 | 350.94 |
| Hampstead | 8,297 | 8,523 | 8,547 | 10 | 637.52 |
| Hampton | 14,937 | 14,976 | 14,979 | 584 | 1209.44 |
| Hampton Falls | 1,880 | 2,236 | 2,241 | 0 | 162.89 |
| Kensington | 1,893 | 2,124 | 2,113 | 0 | 176.36 |
| Kingston | 5,862 | 6,025 | 6,011 | 0 | 302.82 |
| Londonderry | 23,236 | 24,129 | 24,209 | 0 | 576.02 |
| New Castle | 1,010 | 968 | 971 | 0 | 1192.39 |
| Newfields | 1,551 | 1,680 | 1,683 | 0 | 237.23 |
| Newington | 775 | 753 | 748 | 14 | 90.77 |

| | | | | | |
|----------------|---------|---------|---------|-------|---------|
| Newmarket | 8,027 | 8,936 | 9,173 | 12 | 729.98 |
| Newton | 4,289 | 4,603 | 4,734 | 0 | 481.35 |
| North Hampton | 4,259 | 4,301 | 4,421 | 4 | 317.43 |
| Northwood | 3,640 | 4,241 | 4,252 | 0 | 151.16 |
| Nottingham | 3,701 | 4,785 | 4,840 | 8 | 104.03 |
| Plaistow | 7,747 | 7,609 | 7,563 | 5 | 712.90 |
| Portsmouth | 20,784 | 21,233 | 21,280 | 448 | 1357.32 |
| Raymond | 9,674 | 10,138 | 10,210 | 9 | 354.36 |
| Rye | 5,182 | 5,298 | 5,336 | 67 | 422.08 |
| Salem | 28,112 | 28,776 | 28,688 | 116 | 1156.43 |
| Sandown | 5,143 | 5,986 | 6,184 | 7 | 442.10 |
| Seabrook | 7,934 | 8,693 | 8,768 | 8 | 974.27 |
| South Hampton | 844 | 814 | 810 | 1 | 102.39 |
| Stratham | 6,355 | 7,255 | 7,280 | 0 | 481.35 |
| Windham | 10,709 | 13,592 | 13,960 | 43 | 522.42 |
| Rockingham Co. | 277,359 | 295,223 | 297,626 | 2,518 | 426.87 |

Water area not included in persons per sq. mi calculations
Group Quarters population is included in total population

| Municipality | I----- Total Population -----I | | | 2013 | |
|---------------|--------------------------------|-------------------------|-------------------------|--------------------------|------------------------------------|
| | U.S. Census 2000 | OEP Estimate 2010 | OEP Estimate 2013 | Group Quarters Pop | 2013 Persons per Square Mile |
| Barrington | 7,475 | 8,576 | 8,733 | 6 | 187.01 |
| Dover | 26,884 | 29,987 | 30,275 | 871 | 1132.23 |
| Durham | 12,664 | 14,638 | 15,182 | 7,418 | 677.67 |
| Farmington | 5,774 | 6,786 | 6,822 | 31 | 186.84 |
| Lee | 4,145 | 4,330 | 4,340 | 5 | 217.20 |
| Madbury | 1,509 | 1,771 | 1,790 | 0 | 155.02 |
| Middleton | 1,440 | 1,783 | 1,778 | 0 | 98.36 |
| Milton | 3,910 | 4,598 | 4,573 | 1 | 138.32 |
| New Durham | 2,220 | 2,638 | 2,620 | 0 | 63.30 |
| Rochester | 28,461 | 29,752 | 29,893 | 306 | 666.88 |
| Rollinsford | 2,648 | 2,527 | 2,522 | 0 | 344.88 |
| Somersworth | 11,477 | 11,766 | 11,754 | 12 | 1197.69 |
| Strafford | 3,626 | 3,991 | 4,010 | 6 | 81.88 |
| Strafford Co. | 112,233 | 123,143 | 124,292 | 8,656 | 338.36 |

Water area not included in persons per sq. mi calculations
Group Quarters population is included in total population

| Municipality | I----- Total Population -----I | | | 2013 | |
|------------------------------------|--------------------------------|-----------------|-----------|--------------------------|------------------------------------|
| | U.S. Census 2000 | OEP Estimate | | Group Quarters Pop | 2013 Persons per Square Mile |
| | | 2010 | 2013 | | |
| Acworth | 836 | 891 | 898 | 0 | 23.07 |
| Charlestown | 4,749 | 5,114 | 5,126 | 95 | 143.08 |
| Claremont | 13,151 | 13,355 | 13,321 | 219 | 308.71 |
| Cornish | 1,661 | 1,640 | 1,645 | 0 | 39.20 |
| Croydon | 661 | 764 | 764 | 0 | 20.76 |
| Goshen | 741 | 810 | 805 | 0 | 35.87 |
| Grantham | 2,167 | 2,985 | 2,990 | 0 | 109.96 |
| Langdon | 586 | 688 | 693 | 0 | 42.47 |
| Lempster | 971 | 1,154 | 1,164 | 0 | 36.01 |
| Newport | 6,269 | 6,507 | 6,495 | 119 | 149.23 |
| Plainfield | 2,241 | 2,364 | 2,371 | 46 | 45.41 |
| Springfield | 945 | 1,311 | 1,321 | 0 | 30.29 |
| Sunapee | 3,055 | 3,365 | 3,376 | 25 | 160.23 |
| Unity | 1,530 | 1,671 | 1,627 | 217 | 44.02 |
| Washington | 895 | 1,123 | 1,126 | 0 | 24.75 |
| Sullivan Co. | 40,458 | 43,742 | 43,722 | 721 | 81.29 |
| N.H. (incorporated places only) | 1,235,550 | 1,316,256 | 1,323,262 | 40,421 | 158.56 |

Population of unincorporated places not included in above figures.

Total estimated population of New Hampshire (including unincorporated areas) is **1,323,459**.

Water area not included in persons per sq. mi. calculations

Group Quarters population is included in total population