

Industry: Indoor recreational facilities – Phase 1

Industry Examples: Indoor Hockey arenas, Indoor Soccer Facilities, Indoor tennis, basketball courts, batting cages and and other indoor recreational facilities that are able to follow the guidance here-in.

Safeguarding Guidance:

In addition to strict adherence to CDC guidelines, the State of New Hampshire recommends putting into place measures to protect consumers and employees, including:

Employee Protection:

- 1.) Follow Universal Guidelines
- 2.) Follow sanitation frequency guidance contained in this document at all times
- 3.) If serving food, Provide ServSafe COVID-19, or similar training as soon as possible

Consumer Protection:

- 1.) Enhanced sanitizing strategies after every room use
- 2.) In Common Areas, sanitizing of door handles, faucet handles; all other customer touch-points in common areas, and other areas of hand contact every two hours, at a minimum
- 3.) Common areas are closed, and no congregating in lobby;
- 4.) All congregate amenities e.g pools, hot tubs sauna and exercise facilities will follow Health and Fitness guidelines
- 5.) Sneeze guard barriers recommended. All digital check-in where possible.
- 6.) If Staff or guests will be coming into the 3' range of each other, it is recommended that cloth face coverings be worn.
- 7) Will be encouraged to arrive dressed to access the playing surfaces and to minimize the use of the locker rooms
- 8) Phase 1 training sessions shall be non-contact sessions/classes with focus on skills and drills that can be developed while maintaining physical distancing.
- 9) Coaches will carry hand sanitizer with team equipment. Players should carry hand sanitizer in personal equipment bag.
- 10) Adequate breaks for water and sanitization shall be provided and are encouraged to occur between changes in training activities. Participants should have their own water bottles.
- 11) Food Services will follow food services guidelines.

- 12) General Public Skating or open skating is closed in Phase 1.
- 13) NH Residents or Members, registered participants, and students only. No new memberships or registered participants or students will be extended to out of state residents No guests allowed.
- 14) Small Group / Coaches and Players / Personal Training Appointments
 - a. Team/group-based training activities may begin and allow for groups of up to 10 people. (Example: 9 participants per training area with 1 staff/coach) During team/group-based training activities, care should be taken to keep groups together throughout the training session and not intermingle participants from separate groups.
 - b. Personal trainers and members will be required to wash/disinfect their hands before and after each session.
 - c. If client contact is needed, instructors/coaches will disinfect hands between each client contact during instruction (e.g assists in yoga, adjusting hand positions on bats).
 - d. Group sessions will be held with social distancing protocols.
- 15) Locker Rooms (shower, steam, sauna)
 - a. Where possible, a locker room attendant will be staffed full-time to monitor and clean during all hours of club operations.
 - b. Coaches or volunteers are encouraged to be in the locker rooms with youth players to help players to maintain social distancing.
 - c. Members will be encouraged to bring their own bath towel.
 - d. Gloves and masks will be available to use if desired or required.
 - e. Showers, Steam room and saunas will be closed, customers will preferably practice wear-in / wear out.
 - f. Locker facilities can be used for changing of clothes.
 - g. Hand sanitizer stations will be available outside of entrances and exits.
 - h. Disinfectant will be available to clean lockers and keypads.
- 16) Communal Areas
 - a. All indoor communal areas will be closed to discourage gatherings,
 - b. Concerning the SafeSport guidelines, viewing areas will be limited to one parent or guardian, upon request. Furniture will be removed, except as needed for ADA compliancy.
- 17) Covid Signage:
 - a. Must be prominently posted at the entrance and throughout the venue to ask customers regarding COVID-19 symptoms.
 - i. Have you been in close contact with a confirmed case of COVID-19?
 - ii. Are you experiencing a cough, shortness of breath or sore throat?
 - iii. Have you had a fever in the last 48 hours?

- iv. If you answered yes to any of these questions, please do not put our employees and other members at risk and come back another day when you feel better.
- v. If you answered no, please remember to maintain proper social distancing for duration of your visit.

Business Process Adaptations:

- 1) There should be time between scheduled training/coaching/playing sessions to allow for sanitizing of common surfaces and lessen the co-mingling of groups.
- 2) Players and coaches should arrive no more than 15 minutes before scheduled training/coaching/playing sessions.
- 3) Place hand sanitizer stations at entrance and bathrooms, as well .
- 4) Sanitize all front-of-house surfaces including door handles, screens, phones, pens, keyboards and other areas of hand contact every two hours, at a minimum.
- 5) Where possible, **Establish one-way flow** thru the facility, with separately designated entrances and exits, to facilitate distancing. It is recommended that Staff or volunteers be positioned throughout the venue to address potential congestion points to address crowd control and adhere to social distance guidelines.
- 6) Businesses should continue to remind all patrons that those with an elevated/High risk should continue to shelter at home.